



Care from A High-Risk Breast Clinic

By Fox Valley Surgical Specialists

What is a high-risk breast clinic? With several of them operating all across the country, these clinics offer specialty care to patients who may be at an elevated risk for developing breast cancer. Fox Valley Surgical Specialists (FVSS) has established one in Appleton to serve people in the Fox Cities community and beyond.

The FVSS High-Risk Breast Clinic was founded to assist patients who may have an increased risk of being diagnosed with breast cancer for a variety of reasons. These can include a strong family history, a high-risk biopsy, BRCA1 or BRCA2 gene mutations, genetic syndromes, atypical cells or lesions and abnormal imaging.

When patients come to our Clinic and fit criteria for the high-risk category, they receive a one-on-one consultation with a surgeon or breast care specialist. A careful review of breast health history and family history is done, and a thorough clinical breast exam is completed. Other services include everything from genetic risk counseling and testing to personalized risk assessments, breast ultrasound using the latest imaging technology and minimally invasive breast biopsy. Based on individual consultations and testing done on-site, our breast care specialists also offer recommendations and strategies for risk reduction.

Our High-Risk Breast Clinic is led by Honnie Bermas, MD, FACS, Katherine deAngeli, MD and Kate Myers, PA. Forming an early interest in breast care during her studies, Dr. Bermas earned her medical degree at the University of Rochester School of Medicine and she received fellowship training in breast surgery at Northwestern University Lynn Sage Comprehensive Breast Center. She is also certified in breast ultrasound through the American Society of Breast Surgeons.

In addition to specialty risk assessment services, the practitioners at the FVSS High-Risk Breast Clinic also specialize in breast surgery for benign and malignant conditions as well as procedures like nipple sparing mastectomy and partial breast irradiation catheters. The team is continually keeping up on breast cancer research and implementing the latest techniques for treatment.

To learn more about the services offered through the FVSS High-Risk Breast Clinic, please contact our main office at 920-731-8131. Read more about us at www.foxvalleysurgical.com.